### Pre-K

#### The Ball:

A size 3 ball is used for games.

# The Players:

There will be four per team on field; no goalkeepers. There will be four teams of 8 playing 4 v 4 on field 30 yards in length and 20 yards in width. Field(s) located in outfield of tball field.

Substitutions at any stoppage and are unlimited for each team. Playing time is a minimum of two periods per game and no player should play four periods until everyone has played three.

# **Player Equipment:**

Shoes and shin guards, covered by the socks are mandatory at all practice and game activities. Soccer shoes, tennis shoes, or similar type athletic shoes are recommended. The type and condition of cleated shoes must be inspected for safety before use. No Baseball cleats

#### **Duration of Game:**

Four 8-minute periods. Running clock

### The Start of Play:

The game should be started with a kick-off in the middle of the field.

#### The Kick-off:

A coin toss is used to determine which team kicks off to start the game and the other team kicks off to start the second half. Opponents must be six yards from the center mark while kick-off is in progress.

#### **Fouls & Misconduct**

Direct free kicks for all fouls, with the opponents six yards away from the ball. Free kicks are awarded the attacking team inside the defending team's goal area should be taken from the nearest point on the goal area line in front of the goal. There are no penalty kicks. Coaches will work cooperatively with each other and eliminate the need for cautions and send-offs.

Kick-ins: are done instead of throw ins. The ball will be set on the line and kicked into the field of play. Players should be four yards from the ball until it is in play.

Hand balls are called if Intentional hand ball.

No penalty kicks.

No sliding at ALL. If sliding occurs than that team will lose possession of the ball to the other team. Keep the Players on their feet.

On Corner kicks the opponents remain at least four yards from the ball until it is in play.

No overtime - tie is a tie

Only 1 Coaches is allowed on the field of play. The other Coach should remain with the team. Only 2 coaches per team for games allowed on the team side.

Coaches and players will shake hands after each match.

Parents/non-participating players and spectators should be there to enjoy and encourage the activity of the players in the game. Only 2 coaches and the team is to be on the team side of the field. The coach must ask all others to move to the spectators side of the field of play.

Coaches need to inform the parents of these above rules.

There will be a Tournament at the end of this season. In the Cats Cup games no games will end in ties. There will be a 3 minute sudden death overtime. This means that the first team to score in this overtime wins the match.

### 1st-2nd

The Ball: A size 3 ball is used for games.

**The Players:** There will be four teams of eight playing 6 v 6 with goalkeeper on field 40 yards in length by 30 yards in width. Field located in Moreland Field outfield. Closest to sand volleyball courts.

Substitutions at any stoppage and are unlimited for each team. The player must go to the center of the field for any substitutions and wait for the ref to either wave them on or whistle and then have them come onto the field of play. Playing time is a minimum of two periods per game and no player should play four periods until everyone has played three.

#### **Player Equipment:**

Shoes and shin guards, covered by the socks are mandatory at all practice and game activities. Soccer shoes, tennis shoes, or similar type athletic shoes are recommended. The type and condition of cleated shoes must be inspected for safety before use. No Baseball cleats

**Duration of Game:** Four 10-minute periods. Halftime break of 5 minutes.

# The Start of Play:

The game should be started with a kick-off in the middle of the field.

### The Kick-off:

A coin toss is used to determine which team kicks off to start the game and the other team kicks off to start the second half. Opponents must be six yards from the center mark while kick-off is in progress.

### **Fouls & Misconduct**

Direct free kicks for all fouls, with the opponents six yards away from the ball. Free kicks are awarded the attacking team inside the defending team's goal area should be taken from the nearest point on the goal area line in front of the goal. There are no penalty kicks. Referees will work cooperatively with the coaches and eliminate the need for cautions and send-offs. Do not show yellow or red cards

Throw In must be done correctly or you will lose possession on a bad throw in.

# There must be one period as goalkeeper played by each gender.

Hand balls will be called.

No penalty kicks. NO SLIDE TACKLING. NO SLIDING. If sliding occurs than that team will lose possession of the ball to the other team. Keep the Players on their feet.

On Corner kicks the opponents remain at least four yards from the ball until it is in play.

No overtime – tie is a tie

Coaches are not allowed on the field or in the goal area of the field. Only 2 coaches per team for games allowed on the team side.

Coaches and players will shake hands after each match.

Parents/non-participating players and spectators should be there to enjoy and encourage the activity of the players in the game. Only 2 coaches and the team is to be on the team side of the field. The coach must ask all others to move to the spectators side of the field of play.

Calls by refs are final. They are learning to ref just as you are learning to coach.

Coaches need to inform the parents of these above rules.

There will be a Tournament at the end of this season. . In the Cats Cup games no games will end in ties. There will be a 5 minute sudden death overtime. This means that the first team to score in this overtime wins the match.

### 3rd-4th

The Ball: A size 4 ball is used for games.

**The Players:** There will be two teams for girls and two teams for boys playing 7 v 7 with goalkeeper. Field Dimensions of 50 yards length X 40 yards in width. Field is closest to Ladycat Fast pitch field.

Substitutions at any stoppage and are unlimited for each team. You can sub for dead ball, out of play ball, throw ins, goal kicks. HOWEVER, the player must already be at the middle of the field and ready to go in. You cannot sub on a PENALTY KICK. You can only sub on a corner kick if you have possession of the ball. BUT you cannot hold up the game to SUB. THE PLAYER MUST BE AT THE CENTER AND READY TO GO INTO THE GAME. The player must go to the center of the field for any substitutions and wait for the ref to either wave them on or whistle and then have them come onto the field of play. Playing time is a minimum of 10 minute per each halve of the game.

**Player Equipment:** Shoes and shin guards, covered by the socks are mandatory at all practice and game activities. Soccer shoes, tennis shoes, or similar type athletic shoes are recommended. The type and condition of cleated shoes must be inspected for safety before use. No Baseball cleats

**Duration of Game:** Four 12-minute quarters with 1 minute quarter break and 3 minute halftime.

**The Start of Play:** The game should be started with a kick-off in the middle of the field.

### The Kick-off:

A coin toss is used to determine which team kicks off to start the game and the other team kicks off to start the second half. Opponents must be six yards from the center mark while kick-off is in progress.

### **Fouls & Misconduct**

Direct free kicks for all fouls, with the opponents six yards away from the ball. Free kicks are awarded the attacking team inside the defending team's goal area should be taken from the nearest point on the goal area line in front of the goal. Referees will work cooperatively with the coaches and eliminate the need for cautions and send-offs. A player will be sent off the field for using foul language. That player should be informed of their misconduct and should not return to the game for 3 minutes.

Throw In must be done correctly or you will lose possession on a bad throw in. Hand balls will be called. Teach your team to play until the whistle is blown.

NO SLIDE TACKLING AT ALL. NO SLIDING. If sliding occurs than that team will lose possession of the ball to the other team. Keep the Players on their feet. Repeated sliding by individual player and they will be removed from the field and can be reentered at the next appropriate point.

On Corner kicks the opponents remain at least four yards from the ball until it is in play.

Penalty kicks marks are made 8 yards from the midpoint of the goal. There will be OFF SIDES in this league. Please remember that all calls are made by the refs. Teach your team to play until the whistle is blown.

Coaches are not allowed on the field or in the goal area of the field. Only 2 coaches per team for games allowed on the team side.

Coaches and players will shake hands after each match. Calls by refs are final. They are learning to ref just as you are learning to coach. No overtime – tie is a tie

Parents/non-participating players and spectators should be there to enjoy and encourage the activity of the players in the game. Only 2 coaches and the team is to be on the team side of the field. The coach must ask all others to move to the spectators' side of the field of play.

Coaches need to inform the parents of these above rules.

There will be a Tournament at the end of this season. In the Cats Cup games no games will end in ties. There will be a 15 minute sudden death overtime. This means that the first team to score in this overtime wins the match.

### 5th-7th

The Ball: A size 4 ball is used for games.

The Players: Field setup being determined as late registrations come in. Probable 9 v 9.

Substitutions at any stoppage and are unlimited for each team. You can sub for dead ball, out of play ball, throw ins, goal kicks. HOWEVER, the player must already be at the middle of the field and ready to go in. You can not sub on a PENALTY KICK. You can only sub on a corner kick if you have possession of the ball. BUT you can not hold up the game to SUB. THE PLAYER MUST BE AT THE CENTER AND READY TO GO INTO THE GAME. The player must go to the center of the field for any substitutions and wait for the ref to either wave them on or whistle and then have them come onto the field of play. Playing time is a minimum of 10 minute per each halve of the game.

Player Equipment: Shoes and shinguards, covered by the socks are mandatory at all practice and game activities. Soccer shoes, tennis shoes, or similar type athletic shoes are recommended. The type and condition of cleated shoes must be inspected for safety before use. No Baseball cleats

Duration of Game: Four 12 minute quarters with one minute quarter break and three minute halftime break.

The Start of Play: The game should be started with a kick-off in the middle of the field.

The Kick-off: A coin toss is used to determine which team kicks off to start the game and the other team kicks off to start the second half. Opponents must be six yards from the center mark while kick-off is in progress.

# Fouls & Misconduct

Direct free kicks for all fouls, with the opponents six yards away from the ball. Free kicks are awarded the attacking team inside the defending team's goal area should be taken from the nearest point on the goal area line in front of the goal. Referees will work cooperatively with the coaches and eliminate the need for cautions and send-offs. A player will be sent off the field for using foul language. That player should be informed of their misconduct and should not return to the game for 3 minutes.

Throw In must be done correctly or you will lose possession on a bad throw in. Hand balls will be called. Teach your team to play until the whistle is blown.

NO SLIDE TACKLING AT ALL. NO SLIDING. If sliding occurs than that team will lose possession of the ball to the other team. Keep the Players on their feet.

On Corner kicks the opponents remain at least four yards from the ball until it is in play.

Penalty kicks marks are made 8 yards from the midpoint of the goal. There will be OFF SIDES in this league. Please remember that all calls are made by the refs. Teach your team to play until the whistle is blown.

No overtime - tie is a tie

Coaches are not allowed on the field or in the goal area of the field. Only 2 coaches per team for games allowed on the team side.

Coaches and players will shake hands after each match.

Parents/non-participating players and spectators should be there to enjoy and encourage the activity of the players in the game. Only 2 coaches and the team is to be on the team side of the field. The coach must ask all others to move to the spectators side of the field of play.

Calls by refs are final. They are learning to ref just as you are learning to coach.

Coaches need to inform the parents of these above rules.

There will be a Tournament at the end of this season. We are calling this the CATS CUP. In the Cats Cup games no games will end in ties. There will be a 15 minute sudden death overtime. This means that the first team to score in this overtime wins the match.